

SHAKE IT OFF AND STEP UP

An old parable is told of a farmer who owned an old mule. The mule fell into the farmer's well. The farmer heard the mule "braying" - or whatever it is mules do when they fall into wells. After carefully assessing the situation, the farmer sympathized with the mule, but decided that neither the mule nor the well was worth the trouble of saving. Instead he called his neighbors together and told them what had happened...and enlisted them to help haul dirt to bury the old mule in the well and put him out of his misery. Initially, the old mule was hysterical! But as the farmer and his neighbors continued shoveling and the dirt hit his back...a thought struck him. It suddenly dawned on him that every time a shovel load of dirt landed on his back...

HE SHOULD SHAKE IT OFF AND STEP UP.

This he did blow after blow. "Shake it off and step up...shake it off and step up...shake it off and step up!" he repeated to encourage himself. No matter how painful the blows, or distressing the situation seemed the old mule fought "panic" and "fear" and just kept right on...

SHAKING IT OFF AND STEPPING UP!

It wasn't long before that mule, battered and exhausted, STEPPED TRIUMPHANTLY OVER THE WALL OF THAT WELL. What seemed like something that would bury him, actually blessed him – all because of the manner in which he handled his adversity. THAT'S ALL OUR LIVES! If we face our problems and respond to them positively, looking for solutions through patience and refuse to give into panic, bitterness or, even worse, self-pity...THE ADVERSITIES THAT COME ALONG TO BURY US ALWAYS HAVE WITHIN THEM THE POTENTIAL TO BENEFIT AND BLESS US!

"SHAKE IT OFF AND STEP UP", out of the wells in which we find ourselves!

Oh, and just one more, but related thing ...Never be afraid to try something new. You will be able to do this with the right attitude and perspective.

Remember, amateurs built the ark. Professionals built the Titanic."